



Self – Revista do Instituto Junguiano de São Paulo

We live in the information age. It is very hard to be good readers of our own era, of the historical and evolutionary moment that we are living. What it is up to us and what we are given is the ability to create narratives of the experience of being alive, of being human persons and of relating to other human persons and to the world, both the external world of material things and the inner world of subjective experiences. This vital experience - the human phenomenon, which we call psyche, soul, or other names that always and somehow come to the symbolic and unknown character of what we perceive we are – is generated, from its deepest and ancestral nature, by the contents of the collective unconscious, and throughout life, is coated and filled by personal experiences from which consciousness is both victim and protagonist. From the confrontation and integration of these psychic forces – conscious and unconscious – we are forged as individuals, a process that Carl G. Jung called individuation, i.e., becoming *Self*, a natural person who recognizes himself, whatever this *Self* proves to be as a being, individual, and person. Thus, as an inevitable consequence, analytical psychology is presented as a cultural discipline whose appreciation of diversity is at the heart of its identity.

Self is a journal intended to disseminate the Jungian thought, primarily to peers and under peer review, but also, and no less carefully, to every person who is willing to understand Jung's ideas and all the lines of thought originated out of them.

The choice of the journal's format as an online continuous publishing system revisits the days of the hero Gilgamesh, in the ancient Sumer, when the invention of writing happened: we return to write in stone: what is published on the Internet, with rare exceptions, if they exist, will never disappear. This greatly increases the responsibility and commitment with both the viscerally introverted attitude to develop a body of thought and write it, and with the boldly extroverted attitude to make it public.

Original works can be published in Portuguese, English or Spanish as first language. It is also part of the spirit of this age, the model of free access to



the Journal's content, aimed at democratizing access to knowledge. IJUSP feels that, by giving nutrients for the Journal to be born and to live its early years, is fulfilling its social role.

Here, sensation, through the senses, can try to appropriate the evidence and to build a mathematical perspective of reality. Here, intuition can walk around the symbolic meanings, allowing them to expand and to dignify the acknowledgement that the uniqueness of each person is what makes us feel close to the sacred and to the image of God, whatever it may be. Here, thought can put into operation the rational ways of seeing the world, discriminating the affective criticism that comes from within any body of thought, from the other one, that is useless, destructive and fights against what does not know. Here, feeling and empathy allow each one to leave a legacy, a reflection, an *opus*, and a fruit of psychic energy which every author generously donates to humanity, present and future. Here, each person may seek answers to the dilemmas of existence, from a perspective that embraces diversity and thus accepts the individual in his uniqueness, motivating him to be part of the lives of others. Potential authors are so very welcome.

The only goal of the journal is to contribute in some way to a better world. And its creators firmly believe that this is possible: it is possible to have some more harmonious and less disassociated people and world; a world, in which access to information and education will increasingly be available to all. A world in which technological advances and human improvement may go hand in hand with more love and empathy in relationships, and with greater balance in the distribution of resources. A world in which symbols and evidence are as valued as what we do out of them. In short, a world in which we all may find experience of meaning and hope.

Good reading to all!

Ricardo Pires de Souza

Scientific editor